

**24 HR OPERATIONAL RATION PACK (24HR ORP) BOX MENU SHEET PD 06/2017  
Box A**

1 (V)	2	3	4	5	6	7	8	9	10
<b>Breakfast</b>									
Natural Muesli with Milk	All Day Breakfast	Fruitful Muesli with Milk	Potato & Beans	Chicken Sausage & Beans	Vegetarian All Day Breakfast	Fruitful Muesli with Milk	Cinnamon Bun	Pork Sausages & Beans	Apple & Cinnamon Muesli with Milk
<b>Main Meal</b>									
Bean & Pasta Salad	Thai Style Chicken Soup	Bean & Pasta Salad	Tuna Bean Pasta	Tomato & Basil Soup	Tomato & Pasta Salad	Moroccan Style Bean Stew	Thai Style Chicken Soup	Vegetable Korma	Moroccan Style Bean Stew
Chicken Curry	Chicken & Mushroom Pasta	Pasta	Chicken & Vegetable Biryani	Steak, Vegetables & Dumplings	Indonesian Style Spicy Rice with Pork	Pasta Bolognese	Lamb Rogan Josh	Chicken Meatballs & Pasta	Meat Socks & Rice
Plain Rice									
Mango Cake	Ginger Pudding & Ginger Sauce	Chocolate Brownie	Blueberry Turnover	Sticky Toffee Pudding	Ginger Pudding & Ginger Sauce	Chocolate Pudding in Chocolate Sauce	Coconut & Cherry Flapjack	Apple Turnover	Sticky Toffee Pudding
Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce
<b>Snacks</b>									
Apple/Peach Fruit Puree	Kiw/Passion Fruit/Apple Fruit Puree	Cola Flavour Bottle Sweets	Mango/Banana/Apple Fruit Puree	Strawberry/Banana/Apple Fruit Puree	Apple/Peach Fruit Puree	Kiw/Passion Fruit/Apple Fruit Puree	Mango/Banana/Apple Fruit Puree	Strawberry/Banana/Apple Fruit Puree	Apple/Peach Fruit Puree
Oatmeal Block	Biscuits Brown	Cheese Oat Biscuits	Dark Chocolate Chip Biscuits	Biscuits Brown	Cranberry Cereal Bar	Smooth Peanut Butter	Biscuits Fruit	Smooth Peanut Butter	Stem Ginger Oat Biscuits
Sesame Seed Bar		Cheese Spread							
Smooth Peanut Butter	Smooth Peanut Butter	Cookies & Cream Cereal Bar	Sesame Seed Bar	Smooth Peanut Butter	Smooth Peanut Butter	Cookies & Cream Cereal Bar	Tuna in Light Mayonnaise	Chocolate Biscuits	Smooth Peanut Butter
				Tuna in Light Mayonnaise	Just Nuts Mix				
Roasted & Salted Peanuts	Cheese Spread	Just Nuts Mix	Tropical Fruit & Nut Mix	Sesame Seed Bar	Oatmeal Block	Tropical Fruit & Nut Mix	Blackcurrant Flavour Boiled Sweets	Sesame Seed Bar	Sesame Seed Bar
	Just Nuts Mix	Caramel Cereal Bar		Banana & Date Bar	Plum Jam				
Cheese Spread		BBQ Peanuts		Just Fruit Mix	Lemon Flavour Boiled Sweets	Sesame Seed Bar	Tropical Fruit & Nut Mix	Just Fruit Mix	Blackcurrant Flavour Boiled Sweets
<b>Drinks</b>									
Orange Flavour Fortified Drink Powder	Refreshing Strawberry Flavour Fortified Drink Powder	Lemon Flavour Fortified Drink Powder	Apple Flavour Fortified Drink Powder	Lemon Flavour Fortified Drink Powder	Apple Flavour Fortified Drink Powder	Peach Iced Tea Flavour Fortified Drink Powder	Apple Flavour Fortified Drink Powder	Lemon Flavour Fortified Drink Powder	Orange Flavour Fortified Drink Powder
Raspberry Flavour Drink Powder	Raspberry Flavour Drink Powder	Tropical Flavour Drink Powder	Orange Flavour Drink Powder	Raspberry Flavour Drink Powder	Raspberry Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Orange Flavour Drink Powder	Raspberry Flavour Drink Powder	Raspberry Flavour Drink Powder
Tutti Fruity Flavour Drink Powder	Cola Flavour Drink Powder	Cola Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Tropical Flavour Drink Powder	Tropical Flavour Drink Powder	Tropical Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Tropical Flavour Drink Powder
Tropical Flavour Drink Powder	Grapefruit Flavour Drink Powder	Grapefruit Flavour Drink Powder	Cola Flavour Drink Powder	Cola Flavour Drink Powder	Grapefruit Flavour Drink Powder	Grapefruit Flavour Drink Powder	Cola Flavour Drink Powder	Grapefruit Flavour Drink Powder	Cola Flavour Drink Powder
Mint Flavour Hot Chocolate Drink Powder	Orange Flavour Hot Chocolate Drink Powder	Regular Flavour Hot Chocolate Drink Powder	Orange Flavour Hot Chocolate Drink Powder	Mint Flavour Hot Chocolate Drink Powder	Regular Flavour Hot Chocolate Drink Powder	Orange Flavour Hot Chocolate Drink Powder	Regular Flavour Hot Chocolate Drink Powder	Regular Flavour Hot Chocolate Drink Powder	Mint Flavour Hot Chocolate Drink Powder

**Non Discretionary Items / Common Components**

Re-useable Polybag	Tea Bag x 2	Wet Wipe x 2	Assorted Chewing Gums
Beverage Whitener x 4	Sugar x 4	Tissues	
Instant Coffee x 2	Matches x 5	Water Purification Tablet x 6	Spark

Products may be subject to change

\* Menu 1 Vegetarian option

**24 HR OPERATIONAL RATION PACK (24HR ORP) BOX MENU SHEET PD 02/2017**  
**Box B**

11 (V)*	12	13	14	15	16	17	18	19	20
<b>Breakfast</b>									
Natural Muesli with Milk	Potato & Beans	Pork Sausages & Beans	Potato & Beans	All Day Breakfast	Apple & Cinnamon Muesli with Milk	Vegetarian All Day Breakfast	Cinnamon Bun	Fruity Muesli with Milk	Potato & Beans
<b>Main Meal</b>									
Bean & Pasta Salad	Thai Style Chicken Soup	Tuna Bean Pasta	Vegetarian Pasta with Beans <sup>14</sup> Tomato Sauce	Chicken & Vegetable Soup	Mexican Tuna with Pasta	Moroccan Style Bean Stew	Bean & Pasta Salad	Tuna Bean Pasta	Tomato & Pasta Salad
Spicy Vegetable Pasta	Spicy Sausages & Potato Wedges	Beef Meatballs & Spaghetti	Lamb & Chickpea Tagine	Beef Goulash	Chilli Con Carne	Chicken Tikka Masala, Chickpeas & Rice	Sausage Casserole	Vegetable Curry & Rice	Chicken in Black Bean Sauce with Rice
				Plain Rice	Plain Rice				
Rice Pudding	Chocolate Brownie	Blueberry Turnover	Blueberry Turnover	Chocolate Pudding in Chocolate Sauce	Mango Cake	Ginger Pudding & Ginger Sauce	Chocolate Brownie	Rice Pudding	Apple Turnover
Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce	Hot Pepper Sauce
<b>Snacks</b>									
Kiw/Passion Fruit/Apple Fruit Puree	Grapefruit Flavour Boiled Sweets	Mango/Banana/Apple Fruit Puree	Strawberry/Banana/Apple Fruit Puree	Apple/Peach Fruit Puree	Kiw/Passion Fruit/Apple Fruit Puree	Cola Flavour Bottle Sweets	Mango/Banana/Apple Fruit Puree	Blackcurrant Flavour Boiled Sweets	Tuna in Light Mayonnaise
Biscuits Brown	Biscuits Fruit	Cheese Oat Biscuits	Cherry Flavour Boiled Sweets	Digestive Biscuits	Lemon Flavour Boiled Sweets	Biscuits Brown	Digestive Biscuits	Pretzels	Biscuits Brown
						Cheese Spread	Smooth Peanut Butter	Dark Chocolate Chip Biscuits	Cheese Spread
Roasted & Salted Peanuts	Tuna in Light Mayonnaise	Cherry Flavour Boiled Sweets	Tuna in Light Mayonnaise	Roasted & Salted Peanuts	Raisins, Sultanas & Currants Fruit Mix	Tuna in Light Mayonnaise	Cranberry Cereal Bar	Date & Peach Bar	Fruit Flapjack
Just Nuts Mix			Smooth Peanut Butter	Smooth Peanut Butter			Cheese Spread	Caramel Cereal Bar	Roasted & Salted Peanuts
Strawberry Jam	Sesame Seed Bar	BBQ Peanuts	Mexican Sweet Chilli Peanuts	Sesame Seed Bar	Oatmeal Block	Sesame Seed Bar	Sesame Seed Bar	Tuna in Light Mayonnaise	Pineapple, Mango & Papaya Fruit Mix
Cheese Spread	Just Nuts Mix	Cranberry Cereal Bar	Chocolate Biscuits	Mixed Dried Fruits Nougat	Just Nuts Mix		BBQ Peanuts	Just Nuts Mix	
Caramel Cereal Bar						Cookies & Cream Cereal Bar	Just Fruit Mix		
<b>Drinks</b>									
Refreshing Strawberry Flavour Fortified Drink Powder	Lime Flavour Fortified Drink Powder	Lemon Flavour Fortified Drink Powder	Apple Flavour Fortified Drink Powder	Lime Flavour Fortified Drink Powder	Apple Flavour Fortified Drink Powder	Orange Flavour Fortified Drink Powder	Apple Flavour Fortified Drink Powder	Lemon Flavour Fortified Drink Powder	Orange Flavour Fortified Drink Powder
Raspberry Flavour Drink Powder	Raspberry Flavour Drink Powder	Tropical Flavour Drink Powder	Orange Flavour Drink Powder	Raspberry Flavour Drink Powder	Raspberry Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Orange Flavour Drink Powder	Raspberry Flavour Drink Powder	Raspberry Flavour Drink Powder
Tutti Fruity Flavour Drink Powder	Cola Flavour Drink Powder	Cola Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Tropical Flavour Drink Powder	Tropical Flavour Drink Powder	Tropical Flavour Drink Powder	Tutti Fruity Flavour Drink Powder	Tropical Flavour Drink Powder
Tropical Flavour Drink Powder	Grapefruit Flavour Drink Powder	Grapefruit Flavour Drink Powder	Cola Flavour Drink Powder	Cola Flavour Drink Powder	Grapefruit Flavour Drink Powder	Grapefruit Flavour Drink Powder	Cola Flavour Drink Powder	Grapefruit Flavour Drink Powder	Cola Flavour Drink Powder
Regular Flavour Hot Chocolate Drink Powder	Orange Flavour Hot Chocolate Drink Powder	Mint Flavour Hot Chocolate Drink Powder	Orange Flavour Hot Chocolate Drink Powder	Regular Flavour Hot Chocolate Drink Powder	Regular Flavour Hot Chocolate Drink Powder	Orange Flavour Hot Chocolate Drink Powder	Mint Flavour Hot Chocolate Drink Powder	Regular Flavour Hot Chocolate Drink Powder	Mint Flavour Hot Chocolate Drink Powder
<b>Non Discretionary Items / Common Components</b>									
Re-useable Polybag	Tea Bag x 2	Wet Wipe x 2	Assorted Chewing Gums						
Beverage Whitener x 4	Sugar x 4	Tissues							
Instant Coffee x 2	Matches x 5	Water Purification Tablet x 6	Spork						

\* Menu 11 - Vegetarian option